

Today's Breakfast Choices

Build a complete meal by selecting at least 3 items, including ½ cup of fruit, vegetable or fruit/vegetable



Fruit/Vegetable/Juice



_____ item (s)
_____ item (s)
_____ item (s)
_____ item (s)

May Select _____ item(s)



Milk

_____ 1 item
_____ 1 item
_____ 1 item

May Select _____ item(s)

Notes:



Grains/Breakfast Entrees



_____ item (s)
_____ item (s)
_____ item (s)
_____ item (s)

May Select _____ item(s)

